

## SMSC – Year overview

|        | Autumn 1  | Autumn 2  | Spring 1  | Spring 2  | Summer 1   | Summer 2  |
|--------|---|---|---|---|--|---|
| Year 7 | <b>Body and mind</b><br>Transitions and lifestyles<br><br>Coping with change, smart phone usage, emotions, healthy lifestyles, puberty  | <b>My place in the world</b><br>Careers<br><br>Self identity, dream jobs, what is a career, entrepreneurs, work life balance, careers in the future               | <b>Relationships</b><br>The family<br><br>Family relationships, dealing with friendship issues, marriage, forced marriage   | <b>My place in the world</b><br>Being British<br><br>Diversity, tolerance, Britishness, British values, British politics                                | <b>Body and mind</b><br>Self respect<br><br>Respecting yourself, unrealistic body image, consent – unwanted touching, sexual harassment, respecting boundaries             | <b>My place in the world</b><br>Finance<br><br>Saving, spending, paying, budgeting, value for money   |
|        | <b>Body and mind</b><br>Mental health<br><br>Coping with change, smart phone addiction, mental illness, recognising poor mental health, where to get mental health support              | <b>Relationships</b><br>Identity and relationships<br><br>First love, consent in relationships, sexting, LGBTQ relationships, identity, asexuality and abstinence | <b>My place in the world</b><br>Careers<br><br>Interests, CV's, the challenge and reward of work, success, careers and climate  | <b>My place in the world</b><br>Finance<br><br>Risk and rewards, investments, protecting yourself financially, fraud, online security                   | <b>Body and mind</b><br>Staying safe<br><br>Peer pressure, vaping, alcohol, drugs, the law, links between drugs and mental health, online gambling                         | <b>My place in the world</b><br>Prejudice<br><br>Homophobic language, racism, refugees, privilege, FGM, fake news, forming your own opinions    |
| Year 8 | <b>Body and mind</b><br>Digital resilience<br><br>Coping with change, smart phone addiction, digital resilience, coping strategies the good and bad                                     | <b>Relationships</b><br>Family relationships<br><br>Healthy family relationships, conflict resolution, domestic abuse, grief, organ donation                      | <b>My place in the world</b><br>Finance<br><br>Savings, interest, borrowing products, mortgages, stocks and shares  | <b>My place in the world</b><br>Careers<br><br>My skills, what comes after school, decision making, taking control of your journey, working and earning | <b>Relationships</b><br>Intimate relationships<br><br>What's normal in relationships, victim blaming, withdrawing consent, porn, coercive control, rape                    | <b>My place in the world</b><br>Big issues<br><br>Unconscious discrimination, incels, trafficking, upskirting, knife crime, gangs, county lines |
|        | <b>Body and mind</b><br>Reflecting on myself<br><br>Coping with change, smart phone addiction, reflections on your career path, exploring employer profiles, what career is best for me | <b>My place in the world</b><br>Finance<br><br>Making the most of your money, financial challenges, budgeting, saving money, next steps after school, payslips    | <b>Relationships</b><br>Intimate relationships<br><br>Online relationships, mental health in sexual relationships, intimacy without sex, illegal behaviour, toxic masculinity, misogyny | <b>Body and mind</b><br>Body positivity<br><br>Dark side of social media, body positivity, role models, self harm, body modification                    | <b>My place in the world</b><br>Exams and work experience<br><br>Revision, exam stress, anxiety, work experience, potential work experience issues                         | <b>Relationships</b><br>Healthy relationships<br><br>Communicating core values, pleasure, coercion, domestic abuse, fertility, stalking         |
| Year 9 | <b>Body and mind</b><br>The science of learning<br><br>Coping with change, smart phone addiction, science of learning, retrieval, wellbeing   | <b>My place in the world</b><br>Careers<br><br>Post 16 choices, decision making, researching volunteer and paid work, money talks, is AI a threat to our jobs?    | <b>My place in the world</b><br>Finance<br><br>My money matters, saving habits, making the most of money, borrowing and debt, financial options after school, risk and reward           | <b>Body and mind</b><br>Your body your choice<br><br>Sti's, self examination, contraception recap, choices around pregnancy, menopause                  | <b>Relationships</b><br>Relationships beyond school<br><br>Managing fear, friendships beyond school, new relationships, working relationships, managing friendship changes |   |
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